



theintuitivewell

Developing mind body heart and soul

Catering Menu

Please tick the option(s) you desire and fax to (02) 9387 7766

MORNING TEA \$10.00 per person	
Option 1	Option 2
1 x Muffin (Assorted) 1 x Jam Drop Biscuit 1 x Fresh Fruit Kebab	1 x Chocolate Brownie 1 x Chocolate Kisses Biscuit 1 x Fresh Fruit Kebab
<input type="checkbox"/> Yes would like this option No. of people _____	<input type="checkbox"/> Yes would like this option No. of people _____

COLD BUFFET LUNCH OR DINNER \$18.00 per person	
Option 1	Option 2
Roasted Beetroot, Pumpkin & Goats Feta Salad Thai Chicken Salad Spicy Rice Stuffed Tomatoes	Grilled Vegetable Pasta Smoked Trout Frittata Forest Garden Salad
<input type="checkbox"/> Yes would like this option No. of people _____	<input type="checkbox"/> Yes would like this option No. of people _____

HOT BUFFET LUNCH OR DINNER \$25 per person	
Option 1	Option 2
Beef Curry with Saffron Rice Garden Vegetable Stir Fry Lemon & Thyme Roasted Chicken	Tuna & Vegetable Bake Grilled Vegetable Casserole Herbed Rice Pilaf
<input type="checkbox"/> Yes would like this option No. of people _____	<input type="checkbox"/> Yes would like this option No. of people _____



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MIXED DIP PLATTER \$15.00 per person

Any 3 dips with crudité's, crackers & bread

Please select 3 dips of choice

Baba Ghannouj Hummus Tzatziki Roasted Beetroot Olive Tapenade

Yes I would like this option No. of people _____

GRILLED VEGETARIAN PLATTER \$18.00 per person

A selection of vegetables in season char grilled and served with crackers and bread

Yes I would like this option No. of people _____

ASSORTED CHEESE PLATTER \$16.50 per person

A selection of 3 cheeses served with olives, fruit, crackers & bread

Yes I would like this option No. of people _____

ASSORTED COLD MEAT PLATTER \$20.00 per person

Any 3 meats served with olives, crackers & bread

Please select 3 meats of choice

Prosciutto Mortadella Chicken Breast Salami Leg Ham

Yes I would like this option No. of people _____

ASSORTED SEAFOOD PLATTER \$27 per person

Smoked Salmon, Prawns, Oysters, served with Garden Salad, crackers & bread

Yes I would like this option No. of people _____

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